



Denny Huff, BCHF Executive Director, presents a check to Jo Anne Miller, Executive Director Brook Hill Farm, to provide scholarships for Bedford County at-risk youth.



Sara Braaten receives a check for the Bower Center for the Arts. The grant supported nutrition education and nutritious snacks at the children's summer art program.



Virginia Cooperative Extension received a grant for their Eat Smart Move More and Master Food Volunteer programs.

Total Grants and Scholarships Awarded In 2016

\$158,398

Here is a Breakdown of the Numbers for 2016

- Grant to Bedford County Fire & Rescue provides every vehicle with mass casualty first responder kits.
- A partnership with the Bedford YMCA Farmer's Market funded the SNAP match program, which allows SNAP recipients to double their spending power for fresh meats and fresh locally grown produce.
- Provided funding to Food For Kids' Back Pack program which provides healthy foods and snacks to low income students at several Bedford County elementary schools.
- A grant to the Centra College of Nursing provided financial assistance for Bedford residents pursuing degrees.
- Children's Trust received a grant to provide forensic interviewing services to Bedford children who have experienced abuse or trauma.
- Provided funds to Radford University's Dr. of Nurse Practitioner program which enabled students to participate in clinical experiences in Bedford. Many of these students find permanent work in Bedford after graduation.
- Lake Christian Ministries and Bedford Christian Ministries received funding for dental and denture services.
- A grant to the Domestic Violence Coalition funded a nutritionist and the purchase of exercise equipment.

Health Education – School Children & Adults

\$6,000 – Bedford Central Library
\$2,875 – Bower Center
\$5,320 – SML Good Neighbors
\$3,453 – Virginia Cooperative Extension
+\$17,648

Miscellaneous Health Care Programs

\$5,500 – Bedford YMCA
\$3,500 – Bedford Urban Garden
\$10,000 – Food For Kids
\$3,431 – Muscles with Russell
\$4,748 – BEDCO Cares (Driver's Ed./YOVASO)
\$571 – Bedford Christmas Station
+\$27,750

Rescue Squad Support & Emergency Care

\$3,500 – American Red Cross/Blue Ridge
\$8,000 – Bedford County Fire/Rescue
+\$11,500

Dental Care

\$9,000 – Lake Christian Ministries
+\$9,000

Substance Abuse/Mental Health Prevention

\$3,500 – CASA of Central Virginia
\$7,500 – Brookhill Farm
\$5,000 – Children's Trust
\$5,200 – Domestic Violence Coalition
+\$21,200

Hospital & Nursing Home Equipment & Facilities

\$1,600- English Meadows
+\$1,600

Nursing and Allied Health Education

\$10,000 – Radford University
\$14,000 – Centra College of Nursing
\$40,550 – Scholarships
+\$64,550

Free Clinics and Prescriptive Assistance

\$3,500 – Bedford Christian Ministries
\$12,000 – Free Clinic of Central Virginia
+\$15,500

Bridges out of Poverty 2016 Update



The causes of poor health are rooted in political, social and economic injustices. Poverty is both a cause and a consequence of poor health. Poverty increases the chances of poor health. Poor health in turn traps communities in poverty. The Bridges Initiative seeks to address the lack of access to the resources necessary to live a healthy and self-sufficient life.

The Bridges Initiative in 2016 was responsible for agency and public trainings where more than 1,000 community members and agency staff were trained. Getting Ahead in a Just Getting by World classes have begun with our community partners (Lake Christian Ministries, AGAPE and Bedford Christian Ministries). This 16-week program provides mentoring, self-assessment, future planning skills and the resources/skills necessary to overcome poverty. As part of this initiative, BCHF worked with area healthcare professionals to provide medical, mental health, and dental services to Getting Ahead graduates and their families. As a result, there have been a significant number of participants who have obtained employment and are well on their way to self-sufficiency. A grant from the Centra Foundation and BCHF funds made the provision of these health services possible.

Bedford Community Health Foundation is working with area non-profits, businesses, government agencies and the community at large to understand the causes of poverty and to build a community where all citizens have access to the resources many of us take for granted. We are doing this through community trainings/presentations so that everyone understands poverty. We are also working in the community make sure that resources are accessible and affordable.